

# Tapestry of Health

SNAP OUTREACH

Date 5/14/2019

To Whom It May Concern:

In Pennsylvania, 16.7% of children live in poverty and about 695,400 children currently receive SNAP benefits. Right now in your child's district, 41.4% of students get free or reduced lunches. These students are already eligible for SNAP benefits.

It has been proven that limiting the barriers to receiving good nutrition can also help improve one's life in many ways such as reduce doctor visits, improve your brain function and immune system, and decrease the risk for depression. For your child, this could mean better focus in class and improvement in grades. Being eligible for SNAP could mean that you are eligible for other benefits as well.

The Supplemental Nutrition Assistance Program (SNAP), which is also known as food stamps, is a program that gives people assistance in buying foods and allows them to access more nutritious foods. These benefits are provided monthly through an Electronic Benefit Transfer Card (EBT Card), which lets the client purchase foods not only at a local grocery store, but also at farmers markets.

The SNAP Outreach Program at the Family Health Council of Central PA is a program dedicated to reaching the people who may be eligible for SNAP benefits but are not receiving them. This program gives free one-on-one enrollment assistance with the application process. Applications can be done over the phone, or in person by appointment. We have found that this helps simplify the process as well as make the applications more accessible. The application process only takes about 20-30 minutes to complete form start to finish. If the student(s) in the households are eligible for SNAP, they are also eligible for the free or reduced lunches. We can help you apply for those benefits at the same time we assist you with the SNAP application process.

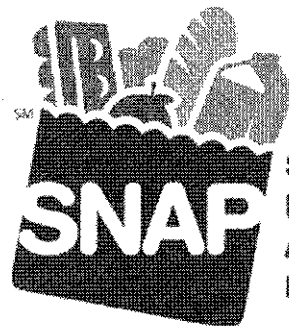
Our agency is a community partner with the local County Assistance Office, who deals with the processing of applications. To get information about a past application, please call them directly.

To talk to someone to see if you are eligible for SNAP benefits, or about applying for the benefits, you can call **1-833-834-2900**, or go to <http://www.tapestryofhealth.org/> to fill out a referral form and get more information.

Sincerely,

**Kate Wolfe**

SNAP Outreach Educator  
Family Health Council of Central PA  
713 Bridge Street, Suite 7  
Selinsgrove, PA 17870



Supplemental  
Nutrition  
Assistance  
Program

Putting Healthy Food  
Within Reach

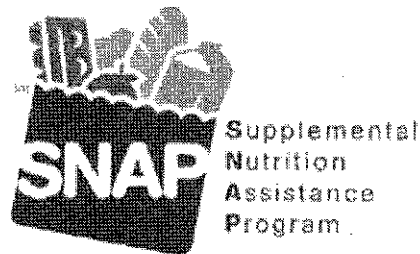
# Need help buying food?

We provide free one-on-one SNAP (Food Stamp) application assistance.

Call the SNAP Outreach toll-free Hotline at  
**1-833-834-2900**

for information and assistance.  
(Applications can be completed by telephone.)

**Tapestry  
of Health**  
SNAP OUTREACH



[www.TapestryOfHealth.org](http://www.TapestryOfHealth.org)

Ages 59 and Under	
Household Size	Monthly Income
1	\$1,619
2	\$2,195
3	\$2,771
4	\$3,347
Each Additional Household Member:	Add \$576
NO ASSET LIMIT	

Ages 60 or Over or Disabled	
Household Size	Monthly Income
1	\$2,024
2	\$2,744
3	\$3,464
4	\$4,184
Each Additional Household Member:	Add \$720
NO ASSET LIMIT	